



HEALTHIER FAMILIES • STRONGER COMMUNITY

**SHARE Food Network Provides
Discounted Nutritious
Groceries Every Month!**

MAY 2025

MENU



Visit www.FrederickHealth.org/SHARE to request a call-back for ordering.
For more information, call the Frederick Health SHARE hotline at 240-566-7427.

A Value Package: \$26

5 lbs. Chicken Drumsticks
2 lbs. Chicken Patties
1 lb. Swai Fish

Value package
includes 8-10
pounds of
fresh fruits and
vegetables!



ALL SPECIALS *Limited quantity | All menu items subject to change*



\$26

B

School's Out Special

2 lbs. Chicken Nuggets/Strips; 6 - Indiv. Cheese Pizzas; 1 lb. Chicken Bologna; 1 lb. Amer. Cheese; 1.5 lbs. Fries



\$45

C

T-Bone Steak Special

6 - T-Bone Steaks (10 oz. each)



\$25

D

Block Party Grill Box

0.85 lb. Smoked Sausage; 2 lbs. Hamburgers; 2 lbs. Hotdogs; 2 lbs. Chicken Tenderloins

Everyone can SHARE! Will you?

1. Anyone can request a call-back to order at www.FrederickHealth.org/SHARE.
2. For EBT payments or help with an order, call 240.566.7427 (SHAR).
3. Orders will be distributed from 8:30-10 AM on Saturday, May 24th at Frederick Health Village.
4. Orders are due by 12 noon on Friday, May 9th.

CatholicCharitiesDC.org/Program/SHARE-Food-Network | 301-864-3115 or 800-21-SHARE